

SPAVERMONT

Return home relaxed
& rejuvenated.



Relax, unwind, and get balanced with a massage, nail services, or a visit to the sauna and hot tub at SpaVermont.

122 River Street
Montgomery Center, VT 05471

802-585-0539

www.spa-vt.com

SPA MENU

SWEDISH MASSAGE

Relax, unwind, and get balanced with long flowing strokes, kneading and friction techniques of a classic Swedish massage with light to medium pressure.

50 minutes - \$99

80 minutes - \$150

DEEP TISSUE MASSAGE

Therapeutic massage technique is mainly used to treat musculoskeletal issues, such as strains and sports injuries by applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues.

50 minutes \$109

80 minutes \$160

COUPLE'S MASSAGE

\$249 - 50 mins

\$399 - 80 mins

View our full menu of massage services online including prenatal massage, sports massage, custom wellbeing massage and more online at spa-vt.com.

NAIL SERVICES

Manicure - 45 minutes ...from \$50

Pedicure - 60 minutes ...from \$65

Mani + Pedi - 105 minutes ... from \$100

View our full menu of nail services online including express nail treatments, CBD nail treatments, gel manicures, paraffin wax and more online at spa-vt.com

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